

# Your child's first Sunday at UFWC

Thinking about visiting us? We look forward to meeting you! Here are some things you can do to help your child feel comfortable:

1. Arrive early (around 9:00 a.m.)
3. At the greeters' table, please fill out a Visiting Child Registration form. This gives you the opportunity to list any information that will help us help your child have the best possible experience, e.g., food allergies.
4. Go on a tour of the RE classrooms. If possible (depending on the number of visitors on a Sunday) one of the Greeters or a member of the Religious Education Committee will invite you to go downstairs so that you and your child can see where he/she will be during the service. Let your child spend a few moments in his/her classroom.
5. Meet the teachers. If your child's teacher is already in class, the Greeter will introduce your child.
6. Relax and enjoy the service while your child is in class. We have found that most children, even shy ones, quickly feel at home with the other children and settle happily into the morning's activities. However, if your child should express continued distress, someone will come up to the sanctuary to get you.
7. Feel free to spend the morning in class with your child. Parents are always welcome in class, and some spend all or part of the first Sunday with their child. We know you'll enjoy it!
8. If your child is uncomfortable going or staying downstairs, he or she is welcome to stay with you in the sanctuary for the service, or in the lobby if he/she gets too restless.
9. After the service is over, we ask that parents of children from infant to fifth grade retrieve their children after the service, but not before 10:30. (Sometimes a service lets out before we have finished our activities downstairs.)
10. During the week, expect a call from our Director of Lifespan Faith Development. She likes to follow up with parents to find out how a child's day in class went, and to answer any questions you might have.
11. Feel free to contact the Director of Lifespan Faith Development with questions you may have either before or after your visit. [dlfd@ucwc.org](mailto:dlfd@ucwc.org)
12. Read through the RE Brochure on the website. Go over the basics with your child before Sunday.
13. Please note the following basic logistics:
  - On most Sundays all the children go downstairs at 9:15. Older children go directly to their classes. Children from Pre-K through fifth grade gather before class for a brief Children's Worship. We light the chalice, say our chalice lighting words\*, and light candles to mark happy or sad events. We might also hold a brief "business meeting" or hear a story.
  - Following Children's Worship, the children either go to classes or stay together as a group for a Social Action project or other activity.
  - About 10 minutes before the end of class, a snack is served.
  - About once each month, we all gather upstairs for worship. These "intergenerational" or family services are clearly identified in our newsletter and our calendar.

If you should have any questions before your visit, please contact Pam Baxter, our Director of Lifespan Faith Development, at [dlfd@ucwc.org](mailto:dlfd@ucwc.org).

We look forward to meeting and welcoming you and your children!

**\*Our Chalice Lighting Words**

*We light this chalice,  
The symbol of Unitarian Universalism.  
This is a church of open minds,  
Loving hearts,  
And helping hands.  
Together, we care for the earth,  
And work for peace and friendship  
In our world.*